



MALLA REDDY COLLEGE OF ENGINEERING

(Approved by AICTE-New Delhi, Affiliated to JNTUH-Hyderabad)
Recognised under Section 2(f) & 12(B) of the UGC Act 1956,
An ISO 9001:2015 Certified Institution.
Maisammaguda, Dhulapally, post via Kompally, Secunderabad -
500100

Details of the Event

Name of the Program	:	Awareness Program on Women Safety
Name of the Chairmen	:	Dr. M.Ashok, Principal MRCE
Name of the President	:	Dr.Sneha Joshi, HOD-H&S
Name of the Convener	:	Dr.G.Sravanthi, ASP-CSE
Resource Persons	:	M. Srinivas (SI, She team),Maheshwar Reddy (SI,Pet-Basheerbad) A.Venkatesh(Head Constable), E.Chandra Mohan(Head constable), Tulja Ram(Head constable)
Date & Time of Event	:	30.10.2024,10-00 AM to 1:00 PM
Venue of the Event	:	MRCE-Seminar Hall

Overview of the Event

“**AWARENESS ON WOMEN SAFETY**” a programme was organized on 30.10.2024 by the Women Empowerment Cell at, Malla reddy college of engineering. Women's safety awareness programs aim to educate people about the risks women face and how to respond to them. They also help create a safer environment for women by raising awareness and changing societal attitudes. This event was organized especially to girl students to create awareness about 181 Women Helpline (WHL) which is a 24-hour confidential service for women and child survivors and victims of any form of violence including domestic & intimate partner.

Our resource person was M.Srinivas (SI, She team), Mahesh war Reddy (SI, Pet-Basheerbad) A.Venkatesh (Head Constable), Chandra Mohan (Head constable), Tulja Ram (Head constable) Our Principal Dr.M.Ashok, Chairmen of WEC Dr.Sneha Joshi HOD-H&s, Dr.G.Sravanthi-Asp-CSE, and participated in this event. Totally 300 girl students and 20 women faculty members have actively took part in this event. Finally, they took a pledge on women safety and the programme came to an end.

Here are some examples of women's safety awareness programs:

Women's Safety Awareness

This course provides tips on how to stay safe at home, work, and in public spaces. It also covers how to advocate for women's safety and how to respond to threats.

Women Safety Wing

This program by the Telangana Police aims to create a safe environment for women by developing awareness campaigns, establishing helplines, and creating special units to investigate crimes.

One Stop Centres

This scheme by the Ministry of Women and Child Development provides integrated support and assistance to women who have experienced violence.

Universalisation of Women Helpline

This scheme by the Ministry of Women and Child Development provides 24-hour emergency and non-emergency response to women who have experienced violence.

GENERAL SAFETY ADVICE

Practice Awareness

This is your first line of defense. Most people think of kicks to the groin and blocking punches when they hear the term “self-defence.” However, true self-defense begins long before any actual physical contact. The first, and probably most important, component in self-defense is awareness: awareness of yourself, your surroundings, and your potential attacker’s likely strategies.

Use your sixth sense

Similar to being aware your “Sixth sense” or “Gut instinct”. Whatever you call it, your intuition is a powerful subconscious insight into situations and people. All of us, especially women, have this gift, but very few of us pay attention to it. Learn to trust this power and use it to your full advantage. Avoid a person or a situation that does not “feel” safe — you’re probably right.

Accessories

If you want to take extra precautions, these accessories can be life savers. If you don’t have one, get a portable battery charger so you can directly charge your phone without needing to plug a charger somewhere in case it dies. Purchase a personal alarm which comes in a form of a keychain, it will allow you to alert people nearby that you are in danger. If your phone doesn’t have a flashlight feature, get a keychain flashlight or similar device.

Have a Plan

When you are going out, whether it be alone or with a group of friends, it is best to have a plan in place. Knowing your surroundings, such as who and what is in the immediate area, is one of the most crucial safety tips to remember. Making a habit to pay attention to what is going on around you will help you become more aware of your environment. In addition, as an extra level of precaution, let someone outside of your group know your whereabouts and what you have planned for the day/evening.

Ping Your Location

Smartphones are not only a great tool for taking photos, sending messages, and sharing news, but they can also be lifesavers. Most smartphones have a great emergency feature that allows users to ping their location to anyone in their contact list. This feature is easy to setup and will draw attention to the user should they find themselves in an unsafe situation.

Create Boundaries

Regardless if you are out alone or with a group of friends, if you ever feel uncomfortable or unsafe with someone’s attention toward you, do not be afraid to put distance between yourself and the individual. There is nothing rude about protecting yourself in a potentially unsafe situation. At the end of the day, always remember to follow your gut!

Physical Stalking – With the increase of the digital world, it is important to stay safe online

- Consider carrying a personal alarm
- Try to vary your daily routine and take different routes to and from work
- Know where the nearest safe location is, for instance a police station, or a 24 hour supermarket with security guards and CCTV
- Consider installing an alarm system in your home
- Ensure all your doors and windows are locked before you leave home or go to sleep

Cyber Stalking

- Limit the amount of information you share about yourself on social networking site and check your privacy settings to ensure you are not giving away more information about yourself
- Restrict your social media accounts to your friends, not public
- Keep anti-virus software up-to-date
- Report any stalking activity on websites to the administrators
- Get your computer checked for malware and key logging software
- Google yourself to check your digital footprint

SAMPLE PHOTOS DURING THE PROGRAM











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A committee for Women Protection Cell has been constituted to safeguard the well-being of all the women employees for MRCE Engineering College

(Teaching, Non-Teaching, and Technical) and girl students with the following objectives and activities.

Objectives

1. To gain insight into the issues concerned with gender inequalities violence and insecurities faced by women employees and girl students
2. To evaluate grievances and to suggest measures and actions for achieving safe and healthy environment.

Activities

1. To establish counseling session
2. To conduct workshops/seminars with renowned speakers sensitizing on the women's rights, privileges etc
3. The women Protection Cell is empowered to punish the guilty persons with due consultation with the Principal of the institution as per rules.

S.No.	Name	Chairperson/Member	Designation	Contact No.
1	Dr.M.Ashok	Chairmen	Principal	9348161222
2	Dr.Sneha Joshi	President	HOD H&S	9642453636
3	Dr.G.Sravanthi	Convener	Assistant Professor CSE	9010543141
4	Dr.M.Sandhya Rani	Member	Associate Professor ECE	9182225866
5	Mrs.Kande Archana	Member	Assistant Professor CSE	9618136040
6	Mrs. kranthi Deep	Member	Assistant Professor DS	8886550511
7	Mrs.Praveena	Member	Assistant Professor DS	9573363767
8	Khaledha	Member	Assistant Professor H&S	9490210735
9	M.Sunandha	Member	Assistant Professor AIML	7799301259
10	Mrs.Priya Pachori	Member	Assistant Professor IT	9908877459

Convener (WEC)

President (WEC)

Chairmen (WEC)

